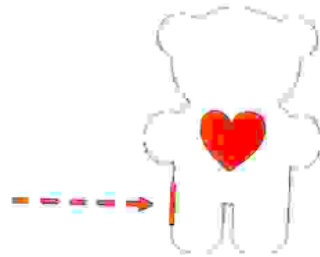


# St. Luke's Teddy Bear Program



## Step-by-Step

- Iron the St. Luke's Fruitland ribbon on the back of the bear.
- Sew the bear pieces together:
  - Heart
    - Ensure the heart matches the pants/patterned fabric for each bear.
    - Sew on the heart "as is". Please do not trim or alter it in any way.
    - Make sure the heart is centered in the middle from L to R and sits no more than ¼" above the pants (for 2-piece bears).
    - Stitch – Use a tight zigzag stitch being sure to overlap all along the outside edge of the heart.
  - Opening – Leave 1.5-inch opening in the areas shown here:
    - For 1-piece bears: leave the opening along the straightest section of the outside of one of the legs



- For 2-piece bears: leave the opening on the back along the waistline.



- Stuff the bear
  - Use Poly-fil stuffing only. Four ounces has been provided in your kit.
  - One 10-lb box of Polyfil will stuff between 44-50 bears.
  - Be sure to stuff bears so that the ears/cheeks/neck/arms/legs are all filled out and that the head/neck area isn't limp/floppy.
- Stitch up the opening
  - Use a hand-sewn invisible/blind so that the stitches do not show. See you-tube video here, if needed:  
<https://www.youtube.com/watch?v=WbE5hXt27uU>